Toothache: Introduction

Toothache is pain in the nerves located at the base of your tooth that is often brought on by tooth decay or infection. Toothache, which is often a result of tooth decay, causes a range of discomfort with mild or excruciating pain.

Tooth decay (a common cause of toothaches caused due to lack of oral hygiene) often starts with the development of cavity in your tooth. Dental cavity almost always results in toothache and is one of the main toothache causes.

What are the Toothache Symptoms?

Toothaches can occur all of a sudden. Pain varies in severity according to the type of infection. There may be instances where you experience toothache in the form of throbbing head pain, or pain in your ear and jaw that is intermittent (pain that recurs at random).

Some common symptoms for toothache:

- Bleeding around gums
- Pain with chewing
- Sensitivity to sweet/hot/cold food
- Tooth pain on biting food
- Toothache on waking
- Swollen Jaw
- Sharp/short pain in tooth
Toothache Symptoms

The pain may start to worsen on chewing or drinking, especially foods with very low or high temperature (cold or hot).

Signs of toothache include pain in part of the jaw where the toothache is located that may become tender and develop sores. The symptoms of toothache may worsen on lying down as this increases pressure (on the painful tooth).

Moreover, your tooth can suffer from pain during period of infections or sinus colds. This is due pressure from the sinus reflecting on teeth of your upper jaw.

There may be other toothache signs and symptoms besides the ones mentioned above. It is a good idea to visit your dentist for oral health evaluation.

Some common causes for toothache symptoms can include dental cavity, gum disease, sinus, cracked tooth and TMJ syndrome (temporomandibular joint).